

# Extract from Poem 'Coffee Break'

I am alone. I pray  
for good  
thoughts. Let me  
take a minute  
or two of calm, of  
silence.

Let my  
imagination, my  
mind, my heart  
commune; let  
them make peace  
together



## Question:

***How can you see occasions in the everyday? How can you stop in the busy times? What can you be thankful for?***

Take the opportunity to respond through image, poetry, prayer, a Bible verse, text, tweets, or sharing something you've found or created online.



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